

## Resource List

**San Antonio Community Resource Directory (SACRD)** - [www.sacrd.org](http://www.sacrd.org)

A directory of resources offered by congregations, nonprofit organizations, government agencies, and compassionate groups in and around San Antonio

### **General Assistance**

2-1-1 TEXAS - provides information for resource and social service agencies (including the *Former Foster Care Children or Medicaid for Transitioning Foster Care Youth* programs). [www.211texas.org](http://www.211texas.org)

Christian Assistance Ministries (CAM) - 110 McCullough, San Antonio, Texas, 210-223-4099  
5084 DeZavala, San Antonio Texas, 78249, 210-697-5771

### **Texas Department of Family and Protective Services (TDFPS)**

Preparation for Adult Living (PAL) Coordinator (Region 8 South Texas District 8), 3635 S.E. Military Drive, San Antonio, Texas, 210-337-3140.

Texas Youth Connection - [texasyouthconnection.org](http://texasyouthconnection.org).

Transition Center (San Antonio Region 8) - BCFS, 4346 NW Loop 410, San Antonio, Texas, 210-733-7932

### **Hotlines and Helplines**

Emergency Police/Fire/EMS - 911.

Texas Youth Hotline - Call: 1-800-989-6884, text: 512-872-5777.

Runaway Hotline - 1-800-RUNAWAY or 1-888-580-HELP.

The Rape Crisis Center - 1-800-349-7273 or 210-349-7273., 4606 Centerview Dr. Ste. 200, San Antonio, TX 78228,

National Suicide Prevention - 1-800-273-8255, Spanish speakers: (1-888-628-9454) and the deaf: (1-800-799-4889).

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Texas Abuse Helpline - 1-800-252-5400, [txabusehotline.org](http://txabusehotline.org).

Alcoholics Anonymous - 210-828-6235

Substance Abuse and Mental Health Helpline - 1-800-662-HELP (4357)

Center for Health Services Crisis Line - 210-223-7233, 1-800-316-9241

## **Education**

TDFPS Educational Specialist (Region 8) - 210-337-3262

applytexas.org - a centralized means for both Texas and non-Texas students to apply to the many outstanding postsecondary institutions available in Texas.

## **Employment and Training**

Workforce Solutions Alamo - Relay Texas 800-735-2988 TTDD or 1-800-735-2988 voice, [www.workforcesolutionsalamo.org](http://www.workforcesolutionsalamo.org)

## **Health Care**

STARR Health (Medicaid) - 1-800-964-2777 [www.YourTexasBenefits.com](http://www.YourTexasBenefits.com).

Health Passport - Contains information on doctor and dentist visits, hospital stays, prescriptions and shot records. <https://www.superiorhealthplan.com>. NOTE: Young adults must register for your Health Passport before exiting foster care by using his or her Personal ID number that is available from the caseworker.

Foster Care Center of Excellence/UT Health/Wellness Center - 77703 Floyd Curl Drive, San Antonio, Call 210-567-2788 for your appointment.

## **Housing**

PAL - your PAL worker can provide you with information about Extended Foster Care and the Supervised Independent Living (SIL) program.

TurningPoint Transitional Living Program - youth and young adults up to age 21, 3103 West Ave., 210-340-8077.

## **Food and Groceries**

San Antonio Food Bank -5200 Enrique M. Barrera Pkwy, San Antonio, 210-337-3663. [www.safoodbank.org](http://www.safoodbank.org).

SNAP/Food Stamps (HHSC), 1-888-834-7406. [www.YourTexasBenefits.com](http://www.YourTexasBenefits.com).

## **Clothing**

SA Threads, 10446 Sentinel St., San Antonio, Texas, 210-600-3989.

## **Transportation**

VIA Bus, 210-362-2000, [www.viainfo.net](http://www.viainfo.net).

## **Legal Services**

Texas Foster Youth Justice Project - 1-877-313-358, [www.texasfosteryouth.org](http://www.texasfosteryouth.org)

## **Military Recruitment/Questions**

Air Force and Air Force Reserve- [www.airforce.com](http://www.airforce.com)

Air National Guard - [www.goang.com](http://www.goang.com)

Army and Army Reserve- [www.goarmy.com](http://www.goarmy.com)

Army National Guard - [www.nationalguard.com](http://www.nationalguard.com)

Coast Guard and Coast Guard Reserve - [www.gocoastguard.com](http://www.gocoastguard.com)

Marine Corps and Marine Corps Reserve - [www.marines.com](http://www.marines.com)

Navy and Navy Reserve - [www.navy.com](http://www.navy.com)

## **Youth Transitioning Into Adulthood (YTIA)**

Bridges the gap between foster care and the real world by providing the tools and support for youth transitioning from foster care, so they can become successful in their community. 900 N.E. Loop 410, Suite E111, San Antonio, Texas. (210) 256-1888. [www.ytia.org](http://www.ytia.org), [ytia2009@gmail.com](mailto:ytia2009@gmail.com). Youth Transitioning Into Adulthood (Facebook).